



9 Steps TO BREASTFEEDING FRIENDLY:

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9 Steps to Breastfeeding-Friendly Clinics – Online Toolkit

Looking for resources and advice from the field to help your health center implement the [9 Steps Guidelines](#)? Click on a Step in the grid below! This online toolkit is being developed jointly by CWA and the California Breastfeeding Coalition. Contact [Robbie Gonzalez-Dow](#) or your Regional Breastfeeding Liaison if you have tools or advice to add!

Also, the case studies below describe the great strides taken by three California community health centers to fully support moms, babies, and their families to initiate and continue breastfeeding.

- [AltaMed General Pediatrics Clinic at Children's Hospital Los Angeles](#)
- [Eisner Pediatrics and Family Medical Center](#)
- [Altura Centers for Health](#)

Step 1:
Policy and
Protocol

Step 2:

Staff Education
and Evaluation

Step 3:
Patient
Education

Step 4:
Clinical
Services

Step 5:
Clinic
Environment

Step 6:

Community
Resources

Step 7:
Workplace
Lactation

Step 8:
Financial
Sustainability

Step 9:
Quality
Improvement
and Impact
Evaluation

HEALTHY FAMILIES...STRONG
COMMUNITIES...BRIGHT FUTURES!

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