

SUBJECTIVE COGNITIVE DECLINE AMONG VETERANS

2019–2020 Behavioral Risk Factor Surveillance System (BRFSS) Data from Veterans* in 46 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 9 veterans 45 years and older are experiencing **Subjective Cognitive Decline**



SCD is self-reported **MEMORY PROBLEMS** that have been **GETTING WORSE** over the past year.

32% of veterans with SCD had to give up day-to-day activities



86% of veterans with SCD have at least one chronic condition

nearly one in three of veterans with SCD say it interfered with social activities, work or volunteering



less than half of veterans with SCD have discussed their symptoms with a healthcare provider

29% of veterans with SCD need help with household tasks



* Active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

alzheimer's association®

cdc.gov/aging

alz.org/publichealth

CS 303070-A

July 2022