

ARTAS SESSION PLAN

Date: 8/27/10

Name: Darryl Roberts

Client ID: 3785

Linkage Coordinator: Chase Jones

Goal 1: Link to Medical Care

Objective 1: Within three months, link to medical care.

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
1	Discuss benefits of linking to medical care	Able to make decisions about health	Fear of disclosure of HIV status and drug use	By first session	Darryl, Chase	Achieved
2	Discuss potential solutions to concerns over linking to medical care	Able to make decisions about health	Fear of disclosure of HIV status and drug use Fear of disrespect from doctor	By third session	Darryl, Chase	Achieved
3	Identify potential medical providers	Able to make decisions about health	Fear of disclosure of HIV status and drug use Fear of disrespect from doctor	By fourth session	Darryl, Chase	Not achieved
4	Make first medical appointment	Able to make decisions about health	Fear of disclosure of HIV status and drug use Fear of disrespect from doctor	By fifth session	Darryl	Not achieved

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
5	Attend first medical appointment	Able to make decisions about health	Fear of disclosure of HIV status and drug use Fear of disrespect from doctor	Within 3 months of beginning ARTAS	Darryl	Not achieved

Objective 2: Disclose HIV status to loved ones within five months.

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
1	Discuss partner notification laws of state	Able to make health decisions Faithful to partner	Fear of disclosure of HIV status and drug use	By first session	Darryl, Chase	Achieved
2	Discuss/role-play strategies for disclosing status to partner	Able to make health decisions Faithful to partner	Fear of disclosure of HIV status and drug use	By fourth session	Darryl, Chase	Achieved
3	Disclose status to partner	Able to make health decisions Faithful to partner	Fear of disclosure of HIV status and drug use	Within 4 months of beginning ARTAS	Darryl	Not achieved
4	Discuss/role-play strategies for disclosing status to family	Able to make health decisions	Fear of disclosure of HIV status and drug use	By fourth session	Darryl, Chase	Achieved
5	Disclose status to family	Able to make health decisions	Fear of disclosure of HIV status	Within 5 months of beginning ARTAS	Darryl	Ongoing

Goal 2: Get Linked to Treatment for Drug Use

Objective 1: Make appointment with substance abuse counselor by fifth session.

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
1	Identify potential substance abuse counselors	Takes action to support sobriety In recovery from previous drug use Desire to seek treatment	Fear of disclosure of drug use to partner Fear of family finding out about relapse	By third session	Darryl, Chase	Achieved
2	Make appointment with chosen substance abuse counselor	Takes action to support sobriety In recovery from previous drug use Cares about family	Fear of disclosure of drug use Fear of family finding out about relapse	By fifth session	Darryl, Chase	Not achieved

Objective 2: Disclose drug use to partner by fifth session.

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
1	Discuss concerns about disclosure with LC	Takes action to support sobriety In recovery from previous drug use	Fear of disclosing drug use to partner	By third session	Darryl, Chase	Achieved
2	Role-play strategies for disclosing drug use	Takes action to support sobriety In recovery from intravenous drug use Cares about family	Fear of disclosing drug use to partner	By fourth session	Darryl, Chase	Achieved
3	Disclose drug use to partner	Takes action to support sobriety In recovery from previous drug use Cares about family	Fear of disclosing drug use to partner	By fifth session	Darryl	Not achieved