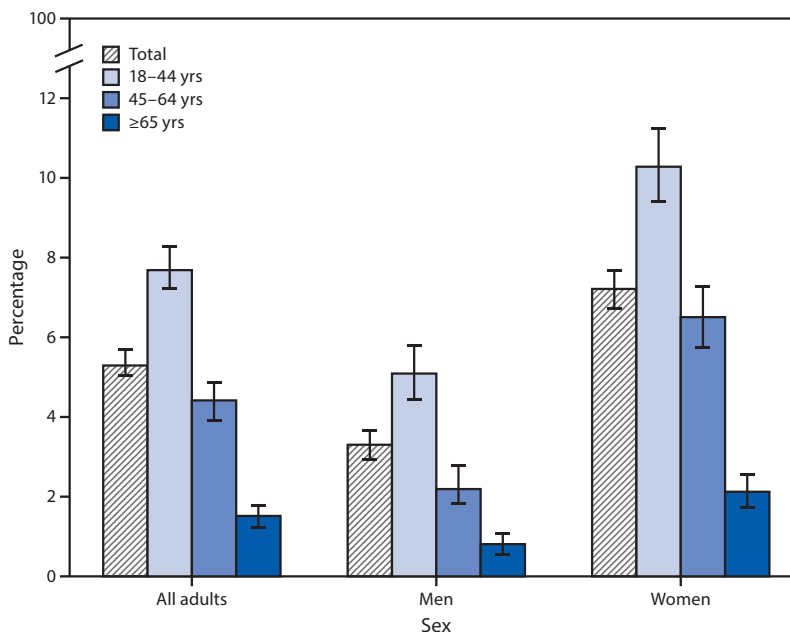


## QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

## Percentage\* of Adults Aged $\geq 18$ Years Who Had an Unmet Mental Health Care Need Because of Cost in the Past 12 Months,<sup>†</sup> by Age Group and Sex — National Health Interview Survey, United States 2019<sup>§</sup>



\* With 95% confidence intervals shown with error bars.

<sup>†</sup> Adults were considered to have an unmet mental health care need because of cost if they reported delaying getting counseling or therapy or needing but not getting counseling or therapy because of cost in the past 12 months.

<sup>§</sup> Estimates are based on household interviews of a sample of the civilian, noninstitutionalized U.S. population and are shown for sample adults aged  $\geq 18$  years.

In 2019, 5.3% of adults aged  $\geq 18$  years had an unmet mental health care need because of cost in the past 12 months. Women (7.2%) were more likely than men (3.3%) to have an unmet mental health care need because of cost, regardless of age group. The percentage of men with an unmet mental health care need decreased with age, from 5.1% among those aged 18–44 years to 0.8% among those aged  $\geq 65$  years. Similarly, the percentage among women decreased with age, from 10.3% among those aged 18–44 years to 2.1% among those aged  $\geq 65$  years.

Source: National Center for Health Statistics, National Health Interview Survey, 2019. <https://www.cdc.gov/nchs/nhis.htm>.

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